

DREAMS AND TYPOLOGY

CONNECTING THE DOTS BETWEEN TYPOLOGY, ARCHETYPES, AND DREAMS

John Beebe, M.D.

Saturday, February 27, 2010
9:00 a.m.—4:15 p.m.

How does *your* typology show up in *your* dreams?

In this all-day workshop, Dr. John Beebe (ENTP)—a longtime student of Jung’s psychological approach, and a practicing Jungian analyst—will help us explore his model of typology and dreams, along with *our own* dreams.

If you’ve attended Dr. Beebe’s previous CCC-APT seminars, you’ve seen him use film effectively to demonstrate the different archetypal sub-personalities that shape a person’s typology. In this session, he plans instead to focus on dreams experienced by workshop participants: he invites us to bring our dreams to this program. “I’m doing this so people can see how I work with real dreams,” Dr. Beebe says, “and so they can get a better understanding of how I developed (and continue to verify) my own model of types.”

More about C.G. Jung’s approach

You may know that “psychological type” is rooted in Carl Jung’s broader approach to analytical psychology, but did you know that:

- Jung’s typology came alive for him after he discovered that our fantasy lives have a certain structure?
- Before he turned to the question of “types of consciousness,” he had already concluded that consciousness emerges out of the unconscious?
- Jung turned to his own dreams and those of his patients to understand the unconscious patterns of perception and judgment out of which consciousness arises?

Jung decided that there must be subtle active centers in the unconscious that control our natural behavior and our supposedly free imagination. These inner centers, or sub-personalities, he called “complexes,” and later “archetypes,” after realizing that every personal complex has a deep historical root.

Dreams were Jung’s “royal road,” not to the unconscious, but to consciousness. Dream figures helped him develop the specifics of type theory. The different persons in his own dreams, each with a different consciousness, were able to show him beyond question the range of ways consciousness can express itself. In CCC-APT meetings we often use the term “function-attitudes” to refer to what Jung called consciousnesses; our shorthand version is Se, Si, Ne, Ni, Te, Ti, Fe, and Fi.

While reminding us that each of these function-attitudes has an archetypal quality, Dr. Beebe will help us look a little deeper into the root system of our own type consciousness.

Arrive with an example from your own dream world—leave with a deeper sense of its connection to your type preferences.

Join us on February 27 for a lively and practical discussion of dreams and typology.